### REPORT KERALA STATE INAITIATIVE ON DEMENTIA - SMRUTHIPATHAM

\*Alzheimer's Dementia Screening Preliminary Study Report\*

\*Date:\* 13th December 2024 \*Time:\* 10:00 AM - 12:30 PM

\*Venue:\* Pullur Co-operative Bank Hall



The Alzheimer's Dementia Screening Preliminary Study Report presentation was a significant event that brought together experts, local leaders, and social work trainees to discuss the latest research and findings on Alzheimer's dementia.

The program began with a Welcome Address by Mani Sanjayan, followed by the Presidential Address by Sri Ku Vijayan, who emphasized the importance of raising awareness about Alzheimer's dementia and community involvement.



The highlight of the event was the Inaugural Speech by Saritha Suresh, who provided insights into the social and psychological impacts of Alzheimer's dementia and stressed the significance of early detection and intervention.

The event also featured Felicitation Speeches by Seveir and Vrinda Kumari, and a presentation by Smithesh, General Manager of ARDSI, on the organization's research and programs.





Suresh Kumar, a social worker at ARDSI, presented the preliminary findings of the study, which aimed to assess the prevalence and early indicators of Alzheimer's dementia in the local population.

A Panel Discussion followed, featuring Anjali, Swathy, and Sruthy, social work trainees from Shardhya College of Advanced Studies, who shared their perspectives on the role of education and community awareness in dementia care.

The session concluded with a Vote of Thanks by Asna, ICDS Supervisor, who emphasized the importance of collaboration to combat the challenges posed by Alzheimer's dementia.

The event was a success in fostering awareness, promoting community involvement, and inspiring further research and community-based projects.

### 1. Awareness Class for NSS Student Volunteers

On September 6, 2024, a group of NSS student volunteers from Government Model Boys Higher Secondary School visited the Day Care Centre, where Mr. Suresh Kumar conducted an awareness class on dementia. The session aimed to educate the volunteers about the condition, its symptoms, and the importance of supportive care. The students actively participated in the activities, demonstrating their enthusiasm for learning and contributing to dementia care.



#### 2. Webinar for IBVIS Kerala Students

On September 7, 2024, KSID Thrissur's SMRUTHIPATHAM project, in association with IBVIS Kerala, conducted a webinar specifically designed for students. The online session aimed to raise awareness about dementia, its impact, and the role of youth in supporting affected individuals and their families.



#### 3. Online Webinar on World Alzheimer's Month

In partnership with DISHA Palakkad, KSID Thrissur's SMRUTHIPATHAM project organized an online webinar on September 21, 2024, to commemorate World Alzheimer's Month. The webinar brought together experts and stakeholders to discuss dementia care, research, and support services, promoting a better understanding of the condition.



### 4. Dementia Caregiver Training Program

In collaboration with the Orphanage Control Board Thrissur, KSID Thrissur's SMRUTHIPATHAM project organized a dementia caregiver training program at Shanthisadanam, Iringalakkuda, on September 23, 2024. This program equipped caregivers with essential skills and knowledge to provide compassionate care to individuals living with dementia, enhancing their quality of life.



# 5. Awareness Class for NSS Student Volunteers

On September 27, 2024, a group of NSS student volunteers from MD COLLEGE PAZHANJI visited the Day Care Centre, where Mr. Suresh Kumar conducted an awareness class on dementia. The session aimed to educate the volunteers about the condition, its symptoms, and the importance of

supportive care. The students actively participated in the activities, demonstrating their enthusiasm for learning and contributing to dementia care.



## 6. Memory Clinic

On September 28, 2024, KSID Thrissur's SMRUTHIPATHAM project established a memory clinic, offering comprehensive assessments and diagnostic services for individuals concerned about their cognitive health. This clinic provides vital support for early detection and management of dementia.



# 7. Dementia Care Training for Caregivers

KSID Thrissur's SMRUTHIPATHAM project organized a dementia care training program for caregivers on September 28, 2024. This program empowered caregivers with essential skills, knowledge, and

strategies to provide person-cantered care, enhancing the quality of life for individuals living with dementia.



### 8. Dementia Walk

On September 28, 2024, KSID Thrissur's SMRUTHIPATHAM project and NSS Unit of Government Model Boys Higher Secondary School, Kunnamkulam, jointly organized a dementia walk, street play, and flash mob. This event raised dementia awareness, promoted community engagement, and supported affected individuals and families.





## 9. Memory Screening Program

KSID Thrissur's SMRUTHIPATHAM project conducted a memory screening program at Udayanagar Residents Association, Thrissur, on September 30, 2024. This initiative aimed to identify individuals at risk of cognitive decline and provide early interventions, promoting timely diagnosis and care.

